

 Free For Annual Country Club Members









 BD4 Members & BD6 Non Members

Bootcamp Package Rate: BD40 Riffa Views & BD50 Non Members

All Single Classes BD6



Royal Country Club Fitness Classes - December 2017

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00	 BOOTCAMP With Adrian (Mixed)		 BOOTCAMP With Adrian (Mixed)		 BOOTCAMP With Adrian (Mixed)		
17:00	 BOOTCAMP With Mustafa (Mixed)		 BOOTCAMP With Mustafa (Mixed)		 BOOTCAMP With Mustafa (Mixed)		
17:30				 With Mustafa (Mixed)			
18:00		 With Adrian					

To register for a class, please call +973 17 750

