



Personal Training Price List

	Member	Non Member
Single Session		
1 session / 1 Person	BD 20	BD 25
1 Session / 2 People	BD 30	BD 40
Monthly Sessions*		
8 Sessions / 1 Person	BD 128 (BD 16 session)	BD 168 (BD 21 session)
12 Sessions / 1 Person	BD 162 (BD 13.5 session)	BD 222 (BD 18.5 session)
8 Session / 2 People	BD 192 (BD 24 session)	BD 240 (BD 30 session)
12 Sessions / 2 People	BD 252 (BD 21 session)	BD 312 (BD 26 session)
Packages**		
10 Sessions / 1 Person	BD 185 (BD 18.5 session)	BD 220 (BD 22 session)
10 Sessions / 2 People	BD 265 (BD 26.5 session)	BD 315 (BD 31.5 Session)

*Monthly sessions are valid for 30 days

** 10 Session Packages are valid for 3 months

*** All prices mentioned are inclusive of 5% V.A.T.