

Feburary Classes

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9.00am	Bootcamp (Mixed) <i>Adrian</i>		Bootcamp (Mixed) <i>Adrian</i>		Bootcamp (Mixed) <i>Adrian</i>		
10.00am							Yoga <i>Katerina</i>
4.15pm		Ballet <i>Saskia</i>					
5.00pm	Bootcamp Mixed <i>Mustafa</i>	<i>4.15pm – 5.00pm</i> <i>5.00pm -5.45pm</i>	Bootcamp (Mixed) <i>Mustafa</i>		Bootcamp (Mixed) <i>Mustafa</i>		
5.30pm		Ballet <i>Saskia</i>		Metafit <i>Mustafa</i>			
6.00pm		Belly Dance <i>Iman</i>		NIA Dance <i>Iman</i>			
7.00pm		Yoga <i>Katerina</i>	Kangoo Private Hire	Yoga <i>Katerina</i>			