

 Free For Annual Country Club Members

 BD3 Annual RCC Members, Golf Members & BD6 Other Membership, Non Members













Package of 10 classes  
BD25 Annual Members & BD55 Other Membership, Non Members

All Single Classes BD6



Royal Country Club  
BAHRAIN

## Royal Country Club Fitness Classes - May 2018

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00	 <b>BOOTCAMP</b> With Alastair (Mixed)	 YOGA® With Katerina (Ladies)	 <b>BOOTCAMP</b> With Alastair (Mixed)		 <b>BOOTCAMP</b> With Alastair (Mixed)		
10:00				 YOGA® With Katerina (Ladies)			 YOGA® With Katerina (Mixed)
17:00				 <b>BOOTCAMP</b> With Victor (Mixed)			 <b>BOOTCAMP</b> With Victor (Mixed)
18:00	 Nia With Iman (Ladies)			 BELLY DANCE With Iman (Ladies)			
19:00		 YOGA® With Katerina (Mixed)		 YOGA® With Katerina (Mixed)			

To register for a class, please call +973 17 750777

During Month of Ramadan some of the timings will change.

